



## FOR THE WEEK OF OCTOBER 23 - 30, 2022

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#). There are many virtual meetings and events taking place during the week. See below for all the details.

[Like and Subscribe to us on YouTube](#) so you don't miss one of our livestreams!

Contact the Church Office at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our **Weekly Update Email** to stay informed of important things happening in our church community.

You can **download our bulletin** in PDF form at the bottom of this page.

If you would like to give to **support Arlington Woods Church**, you can do so at <https://arlingtonwoods.ca/donate.php>.

If you are new to our church we would love to get to know you! Filling out our **online welcome card** really helps us learn your name and connect you into our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **this week's kids' video content** at <https://arlingtonwoods.ca/kids.php>. There are videos for kids of all ages that include worship, drama, and fun animation.

**Small groups** are an important part of our church community life. Check out our list of small groups that have started this Fall at <https://arlingtonwoods.ca/smallgroups.php>.

## FRIDAY

6:30-9:00PM Friday, Oct. 21 - **CATALYST YOUTH**, (grades 6-12) is meeting in the Creekside Room. Drop in between 6:30-7pm to hang out and play on some of our games tables or challenge a friend to a board game. CATALYST then runs from 7-9pm featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

No events scheduled.

## THIS SUNDAY

### For Sunday, October 23, 2022:

9:00-9:30AM- **WHITE PINE CAFÉ OPEN:** Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe> . If you are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

9:30-9:50AM- **PRE-SERVICE PRAYER IN PERSON & ON ZOOM:** All are welcome every Sunday morning for pre-service prayer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link or join us in person in the Prayer Room.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE: The Wonder of Grace: Week 4 - "It's Like Putting On New Clothes"**

When we come to Jesus and decide to live for him it's like when we take time to put our dirty clothes in the laundry and then put on fresh, clean clothes to wear. On Sunday, October 23, 2022 at 10am, Pastor Mike will be talking about how we can get our "laundry" done and why it's so important.

The **Nursery** will be staffed.

The **Deeper Roots Teen Small Group** (for grades 7-12) will meet in the Creekside Room when the kids go down to KIDZONE. Email [christinev@arlingtonwoods.ca](mailto:christinev@arlingtonwoods.ca) for details.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE is our Sunday morning kids program for kids grades JK-6. [Click here](#) for more information.

Follow along to the Sunday Message with our YouVersion Notes! [Click here to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the livestream service here](#).

## MONDAY

**9:00AM - 11:30AM- WHITE PINE CAFÉ OPEN:** The café will be open Mondays at 9 am, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend and stop in for a hot cup :) or a cold drink. For details, visit <https://arlingtonwoods.ca/cafe>. If you are

interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

9:00-11:00AM- **POP (Parents of Preschoolers)** - We invite you to attend POP with your preschoolers and help our church connect with our community. Visit <https://arlingtonwoods.ca/pop> for details and to register.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Canada and our leaders, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## TUESDAY

7:00-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Church and Community needs, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## WEDNESDAY

7:00-8:30PM - **ALPHA** meets in the foyer.

## THURSDAY

**9:00AM -11:30AM WHITE PINE CAFÉ OPEN:** Our Café will be open Thursdays at 9 am, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend and stop in for a hot cup:) or a cold drink. For details, visit <https://arlingtonwoods.ca/cafe>. If you are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Pastors and church leaders, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## FRIDAY

6:30-9:00PM Friday, Oct. 28th - **CATALYST YOUTH**, (grades 6-12) is meeting for our annual **LASER TAG NIGHT!** Registrations are due Friday, Oct. 21. Visit <https://arlingtonwoods.ca/familyevents.php> to register ASAP. **\*\*Limited spots available\*\*** Meet us in the lobby when you arrive.

## SATURDAY

No events scheduled.

## NEXT SUNDAY

### For Sunday, October 30, 2022:

9:30-9:50AM- **PRE-SERVICE PRAYER IN PERSON & ON ZOOM**: All are welcome every Sunday morning for pre-service prayer!  
Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE**:  
Join us this Sunday at 10am for our Service!

## COMING EVENTS

**1. IMPACTUS Men's Conference** – Saturday, November 5 @ 8:45 am to 4:30pm \*\* TIME SENSITIVE TO REGISTER\*\*

The Arlington Woods Church Men's Ministry invites all men to join them for the **IMPACTUS Men's Conference** (1 Day Event in Ottawa)

Theme: *"Press In" to your relationship with God*

When: Saturday November 5, 2022 @ 8:45 am to 4:30 pm

Where: Woodvale Pentecostal Church

For full details, visit <https://www.impactus.org/events/ottawa-2022/>.

To sign up, email us ASAP (by Nov. 1) at [mensministry@arlingtonwoods.ca](mailto:mensministry@arlingtonwoods.ca).

We want to take advantage of the early bird Group Pricing of \$50 with 5+.

**2. Prayer Recharge Day** - Saturday, **November 5** from 9 AM-3:30 PM at the Smith Falls Free Methodist Church. The last few years have been challenging, so Smith Falls Free Methodist Church has organized a day to recharge ourselves and remind us from where our hope and power comes. They are cordially inviting our church family to join theirs for a Prayer Recharge Day (snacks and lunch included). Click [here](#) for details about the keynote speaker, workshops, and how to pre-register.

**3. Arlington Woods Church 50th Anniversary Celebration** - Mark your calendar and plan to attend our church's 50th anniversary celebration on Sunday, **Nov. 6**. There will be a celebration lunch following the service.

**4. Just Older Youth (JOY)** – Mark your calendar. Join us Thursday, **Nov. 17** @ 1-3 PM for "Thinking ahead to Christmas". Our special musical guests will be the Capital City Chorus. Light refreshments will be served.

**5. Staffed Nursery** –The nursery will be staffed on the following Sundays: Oct. 23, Oct. 30, Nov. 6, Nov. 20, Nov. 27, Dec.4, Dec. 11, Dec. 18, Jan. 8, Jan. 15, Jan. 29, Feb. 5, Feb. 12, Feb. 26, Mar. 5, Mar. 19, Mar. 26. For more details visit [www.arlingtonwoods.ca/kids](http://www.arlingtonwoods.ca/kids).

**6. Deeper Roots for Teens (grade 7+)** – This monthly Sunday small group for teens will meet in the Creekside Room on these Sundays: Oct. 23, Nov. 20, Dec. 18, Jan. 15, Feb. 12, Mar. 19, Apr. 16, May 14, and June 18. Email [christinev@arlingtonwoods.ca](mailto:christinev@arlingtonwoods.ca) for details.

## CHURCH NEWS & INFORMATION

**1. Small Groups - Small groups** are an important part of our church community life. Check out our list of weekly small groups at <https://arlingtonwoods.ca/smallgroups.php>.

**2. White Pine Café: Fall Hours & New Part-Time Position** - The café will be open Mondays from 9:00-11:30 AM, but closed on holiday Mondays. The café will also be open Thursdays from 9:00-11:30 AM. For more information, visit <https://arlingtonwoods.ca/cafe>. If you are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca)

There is a **new Café Manager part-time position!** Click [here](#) for details.

**3. Membership** - If you are interested in becoming a member at Arlington Woods Church, please email the Church Office, [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca).

**4. Tithes and Offerings** - Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your

continued financial support. If you have any questions, please contact the Head Teller at [giving@arlingtonwoods.ca](mailto:giving@arlingtonwoods.ca).

**5. Hymnals** - Feel free to take home a hymnal or two from the Welcome Desk.

## COMMUNITY NEWS & EVENTS

**1. Respond Ottawa** - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has actually grown significantly. To help your local food bank, please connect with them first and find out what their current needs are! Click [here](#) for a list of food banks in the Ottawa area.

**2. FAMSAC Donations** - Please bring your food bank donations to the FAMSAC bin in our church lobby. We are happy to support FAMSAC financially on a quarterly basis, but regularly being able to donate food items is also very important to their sustainability.

**Items most needed:** Canned fruit & fruit cups, granola bars (nut free), canned chickpeas, canned pasta, tomato sauce, canned corn, juice boxes, cereal.