



## FOR THE WEEK OF OCTOBER 9 - 16, 2022

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#). There are many virtual meetings and events taking place during the week. See below for all the details.

[Like and Subscribe to us on YouTube](#) so you don't miss one of our livestreams!

Contact the Church Office at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our **Weekly Update Email** to stay informed of important things happening in our church community.

You can **download our bulletin** in PDF form at the bottom of this page.

If you would like to give to **support Arlington Woods Church**, you can do so at <https://arlingtonwoods.ca/donate.php>.

If you are new to our church we would love to get to know you! Filling out our **online welcome card** really helps us learn your name and connect you into our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **this week's kids' video content** at <https://arlingtonwoods.ca/kids.php>. There are videos for kids of all ages that include worship, drama, and fun animation.

**Small groups** are an important part of our church community life. Check out our list of small groups that have started this Fall at <https://arlingtonwoods.ca/smallgroups.php>.

## FRIDAY

No Catalyst youth group on **Friday, Oct. 7** because of the Thanksgiving long weekend.

6:30-9:00PM- **CATALYST YOUTH**, (grades 6-12)

Drop-in between 6:30-7pm to hang out and play on some of our games tables or challenge a friend to a board game.

CATALYST then runs from 7-9pm featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. Oh, and there might be dodgeball too!

We're continuing a series called LIFE HACKS! Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

No events scheduled.

## THIS SUNDAY

**For Sunday, October 9, 2022:**

9:00-9:30AM- **WHITE PINE CAFÉ OPEN:** Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe> . If you

are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

9:30-9:50AM- **PRE-SERVICE PRAYER IN PERSON & ON ZOOM**: All are welcome every Sunday morning for pre-service prayer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link or join us in person in the Prayer Room.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE: The Wonder of Grace: Week 2 - "Count Your Blessings"**

On Sunday, October 9th at 10am, we're celebrating Thanksgiving! It's a time for us to intentionally reflect on all of the things we have to be thankful for. Pastor Mike is continuing our "Wonders of Grace" series by looking at some of the many reasons there are for us to have hearts filled with gratitude towards God.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE is our Sunday morning kids program for kids grades JK-6. [Click here](#) for more information.

Follow along to the Sunday Message with our YouVersion Notes! [Click here to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the livestream service here](#).

## MONDAY

On Monday, October 10 (Thanksgiving Monday), there is no Parents of Preschoolers (POP) or White Pine Café.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Canada and our leaders, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## TUESDAY

7:00-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Church and Community needs, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## WEDNESDAY

7:00-8:30PM - **ALPHA** meets in the foyer.

## THURSDAY

**9:00AM -11:30AM WHITE PINE CAFÉ OPEN:** Our Café will be open Thursdays at 9 am, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend and stop in for a hot cup:) or a cold drink. For details, visit <https://arlingtonwoods.ca/cafe>. If you are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Pastors and church leaders, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## FRIDAY

6:30-9:00PM- **CATALYST YOUTH**, (grades 6-12) is meeting in the Creekside Room. Drop in between 6:30-7pm to hang out and play on some of our games tables or challenge a friend to a board game. CATALYST then runs from 7-9pm featuring fun games, worship music, a Bible-based talk, and a chance to connect in groups. Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

No events scheduled.

## NEXT SUNDAY

### For Sunday, October 16, 2022:

9:30-9:50AM- **PRE-SERVICE PRAYER IN PERSON & ON ZOOM**: All are welcome every Sunday morning for pre-service prayer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE**: Join us this Sunday at 10am for our Service!

We will be **welcoming new members** to our church during the Sunday, Oct. 16 service. If you are new to the church, please join us after the service for a **Discovery Lunch in the Evergreen Hall** to meet our pastoral team and some of our ministry leaders and to connect with others. For details and to RSVP, visit <https://arlingtonwoods.ca/lunch.php>.

## COMING EVENTS

**1. Membership Sunday** – We will be welcoming new members to our church during the Sunday, Oct. 16 service. If you are interested in becoming a member at Arlington Woods Church, please email the Church Office, [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca).

**2. Discovery Lunch for Newcomers** – If you are new to the church, please join us after the Oct. 16 service for a lunch in the Evergreen Hall to meet our pastoral team and some of our ministry leaders, and to connect with others. For details and to RSVP, visit <https://arlingtonwoods.ca/lunch.php>.

**3. Staffed Nursery** –The nursery will be staffed on the following Sundays: Oct. 23, Oct. 30, Nov. 6, Nov. 20, Nov. 27, Dec.4, Dec. 11, Dec. 18, Jan. 8, Jan. 15, Jan. 29, Feb. 5, Feb. 12, Feb. 26, Mar. 5, Mar. 19, Mar. 26. For more details visit [www.arlingtonwoods.ca/kids](http://www.arlingtonwoods.ca/kids).

**4. Deeper Roots for Teens (grade 7+)** – This monthly Sunday small group for teens will meet in the Creekside Room on these Sundays: Oct. 23, Nov. 20, Dec. 18, Jan. 15, Feb. 12, Mar. 19, Apr. 16, May 14, and June 18. Email [christinev@arlingtonwoods.ca](mailto:christinev@arlingtonwoods.ca) for details.

**5. Prayer Recharge Day** - Saturday, November 5 from 9 AM-3:30 PM at the Smith Falls Free Methodist Church. The last few years have been challenging, so Smith Falls Free Methodist Church has organized a day to recharge ourselves and remind us from where our hope and power comes. They are cordially inviting our church family to join theirs for a Prayer Recharge Day (snacks and lunch included). Click [here](#) for details about the keynote speaker, workshops, and how to pre-register.

**6. Arlington Woods Church 50th Anniversary Celebration** - Mark your calendar and plan to attend our church's 50th anniversary celebration on Sunday, Nov. 6. Details to follow.

**7. Just Older Youth (JOY)** – Mark your calendar. Join us Thursday, Nov. 17 @ 1-3 PM for “Thinking ahead to Christmas”. Our special musical guests will be the Capital City Chorus. Light refreshments will be served.

## CHURCH NEWS & INFORMATION

**1. Small Groups - Small groups** are an important part of our church community life. Check out our list of weekly small groups at <https://arlingtonwoods.ca/smallgroups.php>.

**2. White Pine Café: Fall Hours & New Part-Time Position** - The café will be open Mondays from 9:00-11:30 AM, but closed on holiday Mondays. The café will also be open Thursdays from 9:00-11:30 AM. For more information, visit <https://arlingtonwoods.ca/cafe>. If you are interested in volunteering at or baking for our café, please email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca)

There is a **new Café Manager part-time position!** Click [here](#) for details.

**3. Membership** - If you are interested in becoming a member at Arlington Woods Church, please email the Church Office, [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca). Sunday, Oct. 16 is our next Membership Sunday.

**4. Tithes and Offerings** - Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at [giving@arlingtonwoods.ca](mailto:giving@arlingtonwoods.ca).

**5. Hymnals** - Feel free to take home a hymnal or two from the Welcome Desk.

## COMMUNITY NEWS & EVENTS

**1. Respond Ottawa** - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has actually grown significantly. To help your local food bank, please connect with them first and find out what their current needs are! Click [here](#) for a list of food banks in the Ottawa area.

**2. FAMSAC Donations** - Please bring your food bank donations to the FAMSAC bin in our church lobby. We are happy to support FAMSAC financially on a quarterly basis, but regularly being able to donate food items is also very important to their sustainability.

**Items most needed:** Canned fruit & fruit cups, granola bars (nut free), canned chickpeas, canned pasta, tomato sauce, canned corn, juice boxes, cereal.