



FOR THE WEEK OF AUGUST 7 - 14, 2022

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#) and on [Facebook](#). There are many virtual meetings and events taking place during the week. See below for all the details.

[Like and Subscribe to us on YouTube](#) so you don't miss one of our livestreams!

Contact the Church Office at info@arlingtonwoods.ca if you would like to receive our **Weekly Update Email** to stay informed of important things happening in our church community.

You can **download our bulletin** in PDF form at the bottom of this page.

If you would like to give to **support Arlington Woods Church**, you can do so at <https://arlingtonwoods.ca/donate.php>.

If you are **new to our church** or are tuning into our livestream service for the first time, we would love to hear from you! You can fill out our online welcome card at <https://arlingtonwoods.ca/welcome.php>.

Watch **this week's kids' video content** at <https://arlingtonwoods.ca/kids.php>. There are videos for kids of all ages that include worship, drama, and fun animation.

Small groups are an important part of our church community life. For more information about our weekly small groups, visit <https://arlingtonwoods.ca/smallgroups.php>.

FRIDAY

6:30-9:00PM- **CATALYST YOUTH Water games night** - Friday, August 5. Join us for some fun in the gym and group games! Come meet us in the Creekside Room. Email ben@arlingtonwoods.ca for details.

SATURDAY

No events scheduled!

THIS SUNDAY

For Sunday, August 7, 2022:

9:00-9:30AM- **WHITE PINE CAFÉ OPEN:** Our Café will be open serving Equator fair trade coffee and tea! Invite a friend and stop in for a cup:) The Café will also be open after the service. We have a new Café webpage! [Click here](#) for more information about our café :) If you are interested in volunteering at our café, please email cafe@arlingtonwoods.ca.

9:30-9:50AM- **PRE-SERVICE PRAYER ON ZOOM:** All are welcome every Sunday morning for pre-service prayer! Email info@arlingtonwoods.ca for the login link.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE:** The Church: Who It Is and Why It Matters- Week 4: "Living a Life That is Worthwhile"

How does God want us to live and interact with each other? On Sunday, August 7, 2022 at 10am, Pastor Mike continues our series on the Book of Ephesians by looking at some characteristics of the person who lives a life that is worthwhile. During the service, we'll also be celebrating the Lord's Supper together.

The nursery will be staffed Sunday, Aug. 7. Parents should sign their preschoolers in at the welcome centre in the lobby when they arrive. We will notify parents by text if we need assistance with their child during the service. The nursery will open at around 10:15 am when the kids head downstairs for their age-specific programs. For more details visit www.arlingtonwoods.ca/kids.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE is our Sunday morning kids program for kids grades JK-6. [Click here](#) for more information.

Follow along to the Sunday Message with our YouVersion Notes! [Click here to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the livestream service here](#).

MONDAY

9:30 -11:30AM- **WHITE PINE CAFÉ OPEN:** Our Café will be open Monday, August 8 serving Equator fair trade coffee and tea! Invite a friend and stop in for a cup:) We have a new Café webpage! [Click here](#) for more

information about our café :) If you are interested in volunteering at our café, please email cafe@arlingtonwoods.ca.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Canada and our leaders, email info@arlingtonwoods.ca for the login link.

7:00-8:30PM- **BRIDAL SHOWER FOR LEAH KIRK** - Calling all ladies to come help us celebrate the August 16, 2022 wedding of Leah Kirk and Skyler Simpson with a bridal shower for Leah at 7 p.m. on August 8th in the church foyer. Leah is the daughter of Gord Kirk and Colleen Kahara. Leah and Skylar are moving to St, John's, Newfoundland following their wedding. They will not be moving household furnishings -- so we would advise monetary gifts or gift cards that can be used in St. John's such as Home Depot, Canadian Tire, Walmart, HomeSense, Bed Bath & Beyond, and Amazon. Please contact [Sandra Smith](#) to RSVP.

TUESDAY

7:00-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Church and Community needs, email info@arlingtonwoods.ca for the login link.

WEDNESDAY

7:00PM- **DROP-IN BIBLE STUDY** - Join us on Wednesday evenings in July and August at 7pm in the cafe for our weekly standalone Bible study. Everyone is welcome! Click [HERE](#) for more information.

THURSDAY

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, special focus on Pastors and church leaders, email info@arlingtonwoods.ca for the login link.

FRIDAY

No Catalyst Friday, August 12. The next Catalyst event will be Friday, August 26. Visit <https://arlingtonwoods.ca/teens.php> for more information.

SATURDAY

No events scheduled!

NEXT SUNDAY

For Sunday, August 14, 2022:

9:30-9:50AM- **PRE-SERVICE PRAYER ON ZOOM**: All are welcome every Sunday morning for pre-service prayer! Email info@arlingtonwoods.ca for the login link.

10AM- **ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE**:
Join us this Sunday at 10am for our Service!

COMING EVENTS

1. Drop-In Wednesday Summer Bible Studies - Join us on Wednesday evenings starting in July and August at 7pm in the cafe for our weekly standalone Bible study. Everyone is welcome! Click [HERE](#) for more information.

2. Staffed Nursery -The nursery will be staffed on the following Sundays: Aug. 7, Aug. 21, Sept. 11 and Sept. 25. For more details visit www.arlingtonwoods.ca/kids.

3. Visual Arts Camp - Aug. 15-19, 9:30 am to 12:30 pm. Our Worship and Creative Arts Director, Karlene, is heading up a **Visual Arts Camp for teens ages 13-19!** The theme is on expressing your faith and telling your story through art. It includes two guest artists who will lead teens in interactive projects Monday through Thursday AND a Friday field trip to an art display in Ottawa. **Cost:** \$50 covers the camp, art supplies, and field trip. The camp is limited to a **max of 10 teens!** If interested, you can [fill out the online form HERE](#).

4. Catalyst Youth BBQ & Games - Happening 6:30-9:00 PM on Friday, Aug. 26. Visit <https://arlingtonwoods.ca/teens.php> more information.

5. Babysitting Course - Saturday, Sept. 10th, 9am - 4pm

Sign up your teens (ages 12+) for the First John Ambulance Babysitter's Course! This course teaches the new babysitter the necessary skills to provide care to children in a variety of situations, emphasizing safety rules, responding to emergencies, and developing leadership skills.

Cost: There are **limited spots** and this is an amazing deal! Regular cost is \$65 for the course, but **we're offering it for the super low price of \$10.** Parents, if you would like to register your teen to participate, visit www.arlingtonwoods.ca/babysitting.

6. Baptism Sunday - The next Baptism Sunday will be Sept. 18. If you are interested in being baptized, please contact [Pastor Mike](#) before Sept. 1.

7. POP (Parents of Preschoolers) – Relaunches Monday, Sept. 19. Visit <https://arlingtonwoods.ca/pop.php> for details and to register.

8. Deeper Roots for Teens (grade 7+) – This monthly Sunday small group for teens relaunches Sunday, Sept. 25. Email christinev@arlingtonwoods.ca for details.

CHURCH NEWS & INFORMATION

1. We're hiring! Arlington Woods Church is in search of a full-time Office Administrator! For more details visit www.arlingtonwoods.ca/employment.

2. Widows Support Group - Jean Gordon is planning to facilitate a Widow's Support Group starting in September, 2022. If you would be interested in possibly being part of this group, please contact Jean Gordon ASAP by [email](#) or by phone (819-360-3398). Jean would like the group to meet in person, at the church, on days and times depending on the members of the group.

If you're thinking to yourself, I don't need this kind of support, I'm going to be fine, and I just want to move along with my life, here are some of the benefits of belonging to a group such as this:

- It provides a place to meet others who have lost their spouse and others who understand your loss.
- It provides support to others who are feeling isolated and alone.
- It provides an opportunity to meet new friends.

2. Membership - If you are interested in becoming a member at Arlington Woods Church, please email the Church Office, info@arlingtonwoods.ca.

3. Donations Update - Donations received by cash or cheque will be processed by the tellers in the middle and at the end of the month. We continue to process Pre-Authorized Auto Debit, Online and Credit Card donations weekly, based on the timing of the donation. Visit the church website <https://arlingtonwoods.ca/donate> for donate options. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at giving@arlingtonwoods.ca.

4. Small Groups - Would you like to join a small group at Arlington Woods? Do you have questions about what groups are offered? Please contact groups@arlingtonwoods.ca!

5. FAMSAC Donations - **Remember FAMSAC!** Demands on Ottawa-area food banks are rising sharply as many residents grapple with job losses in the pandemic and skyrocketing inflation. Please bring your food bank donations to the FAMSAC bin in our church lobby. We are happy to support FAMSAC financially on a quarterly basis, but regularly being able to donate food items is also very important to their sustainability. They rely on the support of area churches to meet the needs of their clients from our neighbourhood and community.

Items needed: School snacks (fruit cups/juice boxes/no nut granola bars), Baked Beans (no pork), Canned Pasta (eg. Chef Boyardee, etc.), Canned Fruit, Canned Ham, Canned Chicken, Jam, Cereal, Juice (family size), Cookies, Cooking Oil, Condiments (eg. Ketchup/mustard/mayo)

6. Alpha – Watch for Alpha coming back this Fall! Click [HERE](#) for more information on our ALPHA program or to let us know if you would be interested in being a part of it!

COMMUNITY NEWS & EVENTS

1. Respond Ottawa - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items due to the effect of the pandemic on their normal collection abilities. The number of requests has actually grown significantly.

We need some key volunteers: **Volunteer Drivers:** We need 4 drivers who can give 4 hours each per week; **Volunteer Sorters:** We need 5 sorters who can give 3-5 hours a week. **If you can volunteer please contact our new coordinator - Melissa ([email](#)) [Learn all about the Ottawa Giving Project](#).**