

FOR THE WEEK OF AUGUST 16 - AUGUST 23

Our Church building is closed due to COVID-19 but we have a number of activities happening online throughout the week as well as our live, interactive Sunday service on our [Youtube channel](#). Like and Subscribe to us on Youtube so you don't miss one of our livestreams!

Contact Alanna at info@arlingtonwoods.ca if you would like to receive our Update Email to stay informed of important things happening in our church community.

THIS SUNDAY:

For Sunday, August 16, 2020:

10AM- **ARLINGTON WOODS CHURCH LIVE ON YOUTUBE**: Join us this Sunday morning on our [Youtube Channel](#) for our live interactive service! Each week features a chance to chat, worship, and a kids moment with Pastor Ben. And of course, there will be a game! [Visit our kids page](#) for online content for kids. This Sunday join us for our live, interactive service! This week, we have Richard Long as our special guest speaker! He is continuing Pastor Mike's series "Living In Uncertain Times: CHANGE".



RICHARD LONG

DIRECTOR OF LOVE OTTAWA

He has 20 years of experience in city-wide movements in the GTA (Greater Toronto Area) and Hamilton. Since 2001, when he left full-time pastoral ministry after 21 years in the Baptist church, he has been coaching and resourcing city-church efforts from coast to coast in Canada. Richard initially came to Ottawa to serve as the Associate Director at the National House of Prayer where he ministered for 5 years. In addition to leading our city-wide movement he also leads Together Canada which works to encourage and raise up healthy city-wide teams in cities across our nation.

11:15AM- **VIRTUAL LOBBY**: After our livestream service, we're opening up a Virtual Lobby for you to chat and connect with others on ZOOM. Pop in just for a few minutes or stay awhile longer! Email info@arlingtonwoods.ca for the login link.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

MONDAY:

7:00-9:00PM- **POTTER'S SMALL GROUP ON ZOOM**, meets every Monday, open to all, currently studying 'Christian character'. Email info@arlingtonwoods.ca for the login link.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

TUESDAY:

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

WEDNESDAY:

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

THURSDAY:

8:00-9:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

FRIDAY:

6:45-8:45PM- **CATALYST YOUTH ONLINE (GRADES 6-12)**: Our weekly youth night is happening on ZOOM! Each night features games, worship, a Bible-based talk, discussion, and a chance to connect while we're at a distance. For more information visit our [TEENS webpage](#) or contact Pastor Ben at ben@arlingtonwoods.ca.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

SATURDAY

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

NEXT SUNDAY:

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BISHOP CLIFF FLETCHER

BISHOP OF THE FREE METHODIST CHURCH OF CANADA

Cliff Fletcher has nearly 20 years of experience as a lead pastor at various Free Methodist Churches and has been in ministry with the Free Methodist Church in Canada for nearly 25 years. He was elected to Bishop of the Free Methodist Church in Canada in 2017. Recently moved to outside Ottawa with his lovely wife, Karlene from the Toronto area. Cliff and Karlene have two children, Abigail and Greg.

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7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email info@arlingtonwoods.ca for the login link.

COMING EVENTS:

1. Arlington Woods Scavenger Hunt - We are excited to announce that continuing for the entire month of August, we are launching the [#ArlingtonWoodsScavengerHunt](#)! Kids, families, and adults can walk or cycle around our church neighbourhood to collect information or find clue cards and record it on their Scavenger Hunt Sheet. Since the hunt lasts all month long, you don't have to rush it! When completed, you can fill out your answers online for a chance to win a prize! For all the info visit www.arlingtonwoods.ca/hunt.

2. Virtual Family Camp - The FMCiC in partnership with Barrie Free Methodist Church is hosting a Virtual Family Camp on Facebook (and possibly other venues-- TBD) with the theme "THE AMAZING RACE" from August 16-21. Each day will feature Coffee and Devos, a fun Daily Challenge, Kids Korner, Youth Adventure, Live Evening Service and Prayer time. For more info please visit <https://bfmc.org/virtual-family-camp-week-2020/>

3. Wedding Shower for Daniel and Addie - All ladies welcome for a virtual Wedding Shower on Zoom to celebrate Daniel and Addie on Monday August 24th at 7pm! Email info@arlingtonwoods.ca for more details.

4. First Sunday Service back in Arlington Woods Church - We are excited to announce that on September 13th we will be holding our first Sunday Service back at Arlington Woods Church! This service is open to everyone! Please stay tuned for more details!

NEWS AND INFORMATION:

1. Donations - Just a reminder that due to the COVID-19 pandemic, tithing and building campaign donations by cash or cheque received at the church are ONLY processed by the tellers once a month/at the end of the month, until further notice. Individuals can still tithe or donate ONLINE or by CREDIT CARD by going to the church website <https://arlingtonwoods.ca/donate>. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at giving@arlingtonwoods.ca.

2. New Family Finder - If you would like to be included in our new Family Finder (Church Directory), please email Alanna, alanna@arlingtonwoods.ca with your name(s), address, phone number and email.

2. Respond Ottawa - Respond Ottawa is looking for children's masks. If you can sew check out the directions for making children's masks ([click here](#)), or if you know of a source for children's masks, please make contact with Respond Ottawa on their website: <http://www.respondottawa.ca/>

As the [Respond Ottawa C-19 Taskforce](#) has been scanning for COVID-19 related needs around our city, they've determined that PPE (Personal Protection Equipment) is still one of the highest demands. As our city begins to open up, a number of frontline ministries and organizations will start operating again. Many of these groups will need PPE supplies. So, they are calling on the church of the city to respond to this request. You may buy a lawn sign, or donate money for gloves or hand sanitizer that will be delivered to these frontline ministries and organizations. Go to <https://frontlineottawa.com/> to donate today.

As well Respond Ottawa has a link to FAMSAC which is an organization that our church supports. They are looking for donations and if you shop at the Metro on Greenbank or in Bells Corners they have places that food may be dropped. At this time they are in need of apple sauce snacks, canned chicken, canned corn, pasta sauce, peanut butter and cooking oil. As well donations may be made online at <http://www.famsac.ca/donate>

3. Wholy Fit Email List - Interested in staying healthy? Email julie@arlingtonwoods.ca to receive weekly emails from Hanifa, that include; virtual stretch and strengthening and tips to staying healthy!

4. Financial Fitness Seminar on ZOOM Part 1 & 2 Did you miss the seminars with *MORE THAN ENOUGH* (David and Rebecca van Noppen)? [Click here](#) (part 1) to discover how to get into a better place financially! This seminar will give guiding principles to guide your finances. [Click here](#) for part 2. For

more information please visit: <https://morethanenough.ca/>. Below are the resources that were shared during part 2:

- Are we going cashless? <https://www.ctvnews.ca/health/coronavirus/are-canadians-ready-to-go-cashless-after-coronavirus-1.4970838>
- Why using cash causes pain, and plastic cards distance us from our finances. <https://morethanenough.ca/?s=it+hurts+to+pay+with+cash>
- Having a financial date. <https://morethanenough.ca/2020/02/14/financial-dates/>
- Podcast on having a financial date - <https://morethanenough.ca/2020/02/14/financial-valentines/>

5. Arlington Woods Virtual Community Concert - We had a great turnout to our Arlington Woods Virtual Community Concert! Thank you to all of the talented people who recorded yourselves from home so that we could all connect together as a community during this time of social isolation! If anyone missed the concert, it's available as a Google Drive file.
https://drive.google.com/file/d/1561gObqmDwRPQUmJF7TDorcEzQu4Z1Wr/view?fbclid=IwAR35POudplF4kx7PjZWqfoL0siKPqW_IwQi8CILhC1CWR-fcXNZA_H15wVA