

## FOR THE WEEK OF JULY 26 - AUGUST 2

Our Church building is closed due to COVID-19 but we have a number of activities happening online throughout the week as well as our live, interactive Sunday service on our [Youtube channel](#). Like and Subscribe to us on Youtube so you don't miss one of our livestreams!

Contact Alanna at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our Update Email to stay informed of important things happening in our church community.

### THIS SUNDAY:

#### For Sunday, July 26, 2020:

10AM- **ARLINGTON WOODS CHURCH LIVE ON YOUTUBE**: Join us this Sunday morning on our [Youtube Channel](#) for our live interactive service! Each week features a chance to chat, worship, and a kids moment with Pastor Ben. And of course, there will be a game! [Visit our kids page](#) for online content for kids. This Sunday (July 26th at 10am) join us for our live, interactive service! This week we are joined by Pastor Grant Wolfe from Launch Point Orleans (<https://launchpoint.ca>). His message, "The Table" will focus on what we can learn from Jesus, who spent a great deal of his ministry life sitting at a table and sharing a meal with others. Follow along to Pastor Grant by using the YouVersion notes ([click here](#))!

11:15AM- **VIRTUAL LOBBY**: After our livestream service, we're opening up a Virtual Lobby for you to chat and connect with others on ZOOM. Pop in just for a few minutes or stay awhile longer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

### MONDAY:

7:00-9:00PM- **POTTER'S SMALL GROUP ON ZOOM**, meets every Monday, open to all, currently studying 'Christian character'. Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

### TUESDAY:

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

### WEDNESDAY:

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

#### THURSDAY:

8:00-9:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

#### FRIDAY:

6:45-8:45PM- **CATALYST YOUTH ONLINE (GRADES 6-12)**: Our weekly youth night is happening on ZOOM! Each night features games, worship, a Bible-based talk, discussion, and a chance to connect while we're at a distance. For more information visit our [TEENS webpage](#) or contact Pastor Ben at [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca).

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

#### SATURDAY

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

#### NEXT SUNDAY:

#### For Sunday, August 2, 2020:

10AM- **ARLINGTON WOODS CHURCH LIVE ON YOUTUBE**: Join us this Sunday morning on our [Youtube Channel](#) for our live interactive service! Each week features a chance to chat, worship, and a kids moment with Pastor Ben. [Visit our kids page](#) for online content for kids.

11:15AM- **VIRTUAL LOBBY**: After our livestream service, we're opening up a Virtual Lobby for you to chat and connect with others on ZOOM. Pop in just for a few minutes or stay awhile longer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:00-8:00PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

#### COMING EVENTS:

**1. Arlington Woods Scavenger Hunt** - We are excited to announce that beginning August 1st, we are launching the [#ArlingtonWoodsScavengerHunt](#)! Kids, families, and adults can walk or cycle around

our church neighbourhood to collect information or find clue cards and record it on their Scavenger Hunt Sheet. The hunt lasts all month long, so you don't have to rush it! When completed, you can fill out your answers online for a chance to win a prize! For all the info visit [www.arlingtonwoods.ca/hunt](http://www.arlingtonwoods.ca/hunt).

## NEWS AND INFORMATION:

**1. Thank you** - *"I want to thank my church family for sending the beautiful bouquet of flowers to cheer me up. This will help to take my mind off my broken ankle." Sincerely, Charlotte.*

**2. New Family Finder** - If you would like to be included in our new Family Finder (Church Directory), please email Alanna, [alanna@arlingtonwoods.ca](mailto:alanna@arlingtonwoods.ca) with your name(s), address, phone number and email.

**2. Respond Ottawa** - As the [Respond Ottawa C-19 Taskforce](#) has been scanning for COVID-19 related needs around our city, they've determined that PPE (Personal Protection Equipment) is still one of the highest demands. As our city begins to open up, a number of frontline ministries and organizations will start operating again. Many of these groups will need PPE supplies. So, they are calling on the church of the city to respond to this request. You may buy a lawn sign, or donate money for gloves or hand sanitizer that will be delivered to these frontline ministries and organizations. Go to <https://frontlineottawa.com/> to donate today.

As well Respond Ottawa has a link to FAMSAC which is an organization that our church supports. They are looking for donations and if you shop at the Metro on Greenbank or in Bells Corners they have places that food may be dropped. At this time they are in need of apple sauce snacks, canned chicken, canned corn, pasta sauce, peanut butter and cooking oil. As well donations may be made online at <http://www.famsac.ca/donate>

**3. Wholy Fit Email List** - Interested in staying healthy? Email [julie@arlingtonwoods.ca](mailto:julie@arlingtonwoods.ca) to receive weekly emails from Hanifa, that include; virtual stretch and strengthening and tips to staying healthy!

**4. Financial Fitness Seminar on ZOOM Part 1 & 2** Did you miss the seminars with *MORE THAN ENOUGH* (David and Rebecca van Noppen)? [Click here](#) (part 1) to discover how to get into a better place financially! This seminar will give guiding principles to guide your finances. [Click here](#) for part 2. For more information please visit: <https://morethanenough.ca/>. Below are the resources that were shared during part 2:

- Are we going cashless? <https://www.ctvnews.ca/health/coronavirus/are-canadians-ready-to-go-cashless-after-coronavirus-1.4970838>
- Why using cash causes pain, and plastic cards distance us from our finances. <https://morethanenough.ca/?s=it+hurts+to+pay+with+cash>
- Having a financial date. <https://morethanenough.ca/2020/02/14/financial-dates/>
- Podcast on having a financial date - <https://morethanenough.ca/2020/02/14/financial-valentines/>

**5. Arlington Woods Virtual Community Concert** - We had a great turnout to our Arlington Woods Virtual Community Concert! Thank you to all of the talented people who recorded yourselves from home so that we could all connect together as a community during this time of social isolation! If anyone missed the concert, it's available as a Google Drive file. [https://drive.google.com/file/d/1561gObqmDwRPQUmJF7TDorcEzQu4Z1Wr/view?fbclid=IwAR35POudplF4kx7PjZWqfoL0siKPqW\\_IwQi8CILhC1CWR-fcXNZAH\\_I5wVA](https://drive.google.com/file/d/1561gObqmDwRPQUmJF7TDorcEzQu4Z1Wr/view?fbclid=IwAR35POudplF4kx7PjZWqfoL0siKPqW_IwQi8CILhC1CWR-fcXNZAH_I5wVA)

**6. Adventures With Pastor Lynda** - If you would like to watch Pastor Lynda's presentation about her trip to Ethiopia again, or missed it, you can watch it by [clicking here!](#)