

## FOR THE WEEK OF MAY 17 - MAY 25

Our Church building is closed due to COVID-19 but we have a number of activities happening online throughout the week as well as our live, interactive Sunday service on our [Youtube channel](#). Like and Subscribe to us on Youtube so you don't miss one of our livestreams!

Contact Alanna at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our Update Email to stay informed of important things happening in our church community.

## THIS SUNDAY:

### For Sunday, May 17, 2020:

10AM- **ARLINGTON WOODS CHURCH LIVE ON YOUTUBE**: Join us this Sunday morning on our [Youtube Channel](#) for our live interactive service! Each week features a chance to chat, worship, and a kids moment with Pastor Ben. [Visit our kids page](#) for online content for kids. This week, Pastor Mike is continuing his series "The Source: Staying Connected to God" with Part 3: "Help, I Don't Hear God's Voice!". We will also have a surprise guest joining us! Follow along by using the note section available on YouVersion, [click here to go to the notes for this message](#).

11:15AM- **VIRTUAL LOBBY**: After our livestream service, we're opening up a Virtual Lobby for you to chat and connect with others on ZOOM. Pop in just for a few minutes or stay awhile longer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

1:30-3:30PM- **ADULT BIBLE STUDY ON ZOOM**, meets every Sunday afternoon, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## MONDAY:

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## TUESDAY:

7:00-9:00PM- **POTTER'S SMALL GROUP ON ZOOM**, meets every Monday, open to all, currently studying 'Christian character'. Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## WEDNESDAY:

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:30-8:30PM- **WOMEN'S SMALL GROUP ON ZOOM**, meets every Wednesday open to women, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## THURSDAY:

1:00-3:00PM- **JOY EVENT WITH NATASHA ONLEY ON ZOOM**, join us on ZOOM as our very own Natasha Onley shares about how to have better health and nutrition (something definitely needed when we're spending so much time at home!). JOY is typically only for members of our community who are 50+, but this ZOOM group is open to anyone who feels they could benefit! Contact [joy@arlingtonwoods.ca](mailto:joy@arlingtonwoods.ca) to RSVP and get the ZOOM link!

7:00-9:00PM- **THURSDAY NIGHT SMALL GROUP ON ZOOM**, meets every Thursday night, email [groups@arlingtonwoods.ca](mailto:groups@arlingtonwoods.ca) for more information and login link.

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## FRIDAY:

6:45-8:45PM- **CATALYST YOUTH ONLINE (GRADES 6-12)**: Our weekly youth night is happening on ZOOM! Each night features games, worship, a Bible-based talk, discussion, and a chance to connect while we're at a distance. For more information visit our [TEENS webpage](#) or contact Pastor Ben at [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca).

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## SATURDAY

12:00-2:00PM- **CHARIS SMALL GROUP ON ZOOM**, meets every other Saturday open to women, email [charis.smallgroup@gmail.com](mailto:charis.smallgroup@gmail.com) for more information and login link.

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## NEXT SUNDAY:

### For Sunday, May 25, 2020:

10AM- **ARLINGTON WOODS CHURCH LIVE ON YOUTUBE**: Join us this Sunday morning on our [Youtube Channel](#) for our live interactive service! Each week features a chance to chat, worship, and a kids moment with Pastor Ben. [Visit our kids page](#) for online content for kids.

11:15AM- **VIRTUAL LOBBY**: After our livestream service, we're opening up a Virtual Lobby for you to chat and connect with others on ZOOM. Pop in just for a few minutes or stay awhile longer! Email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

1:30-3:30PM- **ADULT BIBLE STUDY ON ZOOM**, meets every Sunday afternoon, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

7:30-8:30PM- **VIRTUAL PRAYER MEETING ON ZOOM**, email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for the login link.

## COMING EVENTS:

**1. Virtual ALPHA - begins May 19th @ 6:30-7:30pm**. Have questions about your life/faith? ALPHA is an honest space to explore and discuss life's big questions together. Email [launchpoint.orleans@gmail.com](mailto:launchpoint.orleans@gmail.com) for more information and to register.

**2. Adventures with Pastor Lynda - May 28th @ 8pm**. Pastor Lynda is sharing all about her mission trip to Ethiopia! It'll be happening on ZOOM, so contact [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) to get the login information.

**3. Arlington Woods Virtual Community Concert - May 30th @ 6pm**. We have some very talented individuals who have recorded at home to help bring us together as a community. Please RSVP online so that you can be a part of it! Featuring amazing local talent! Visit <https://arlingtonwoods.ca/concert.php> for more information and to RSVP!

**4. Arlington Woods Annual Meeting - June 2nd @ 7pm**. All those who call Arlington Woods Church home are welcome to attend. More details to follow!

## NEWS AND INFORMATION:

**1. Church Annual Report** - Our annual report is available by [clicking here](#).

- The Board Member Nomination Report is available by [clicking here](#).
- The Nominating Committee Report is available by [clicking here](#).

**2. Wholy Fit Email List** - Interested in staying healthy? Email [julia@arlingtonwoods.ca](mailto:julia@arlingtonwoods.ca) to receive weekly emails from Hanifa, that include; virtual stretch and strengthening and tips to staying healthy!

**3. We're in this TOGETHER: Focusing on Relational Health: Session One and Two** - We were blessed to have a trained counsellor from Christian Counselling Ottawa to come on a zoom call to share some tips on relationships. In case you missed it, or wanted to watch it again, you can watch Elizabeth's tips by [clicking here](#) for part One and by [clicking here](#) for part Two.

#### **4. Financial Summary-** To End of April 2020

2020 Total Budget = \$494,683

Weekly Average Offering Required = \$9,513

Weekly Average Offering Received = \$7,683

Total Revenue = \$198,166

Total Expenses = \$165,416

Surplus (Deficit) = \$32,750

**5. First Place Options** - COVID-19 has amplified the need for hope for those facing an unexpected pregnancy and they continue to receive many requests during this time. Would you consider giving, to provide hope to people who need First Place Options? ([click here](#))

**6. Respond Ottawa** - As the [Respond Ottawa C-19 Taskforce](#) has been scanning for COVID-19 related needs around our city, they've determined that PPE (Personal Protection Equipment) is still one of the highest demands. Hospitals have a very short supply and continue to ration them to their doctors and nurses. As our city begins to open up, a number of frontline ministries and organizations will start operating again. Many of these groups will need PPE supplies. So, they are calling on the church of the city to respond to this request. This week they have provided links for those who can sew. They are encouraging as many people as possible to be making caps, headbands and masks. Please [click here](#) for links to instructions on how to make these essential items.