



FOR THE WEEK OF JULY 16 - JULY 23, 2023

If you haven't liked us on [Facebook](#) and [Instagram](#) be sure to do so! We have a lot going on in our church family and we're continually updating these pages with info and images about our church family.

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#).

Contact the Church Office at info@arlingtonwoods.ca if you would like to receive our **Weekly Email Blast** to stay informed on the life of our church.

To **donate** to Arlington Woods Church, go to <https://arlingtonwoods.ca/donate.php>.

Are you new? by filling out our **online welcome card** we are able to connect you to our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **Kidzone weekly videos** at <https://arlingtonwoods.ca/kids.php>. These include worship, drama and animation for kids of all ages.

Small groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

FRIDAY

6:00-8:30 p.m. CATALYST YOUTH Summer Social - Join us for a BBQ and games! For all of the details and to RSVP by email ben@arlingtonwoods.ca.

SATURDAY

No events scheduled!

THIS SUNDAY

For Sunday, July 16, 2023:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café is open before and after services. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN PERSON & ON ZOOM:

The First Church: The New Family: What is 'the church' and what does it mean to be part of it? This Sunday Pastor Grant is going to continue in the Book of Acts and look at some of the essential qualities and practices of the early church. These qualities and practices made way for the Lord and resulted in Him adding to their number daily.

The nursery will be staffed and KIDZONE will be happening.

Freezie Sunday! - Every Sunday in July and August hang around after the service and every kid (up to grade 6) will get a freezie!

CONNECT: Picnic - Join us after the service with a picnic lunch to connect with your church family! This Sunday we're heading to CentrepoinTE park and splashpad! [Click HERE](#) for all of the details.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE JK-6 kids program on Sunday mornings. [Click](#) for more information.

Follow the Sunday Message with YouVersion [Click to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the service here](#).

MONDAY

9:00-11:30 a.m. - WHITE PINE CAFÉ - The café will be open Mondays at 9 a.m., serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Canada and our leaders. Check your weekly church emails for the ZOOM link.

TUESDAY

7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Church and Community needs. Check your weekly church emails for the ZOOM link.

WEDNESDAY

7:00-8:30 p.m. - Small Group Summer Bible Study - Join us in the café on Wednesday evenings for the month of July and August. This is a drop in Bible

study so feel free to join us whatever weeks you can as the topics will vary week by week.

THURSDAY

WHITE PINE CAFÉ - Please note that for the summer the White Pine Café will be open on Sundays and Mondays. Regular Thursday hours will resume in the Fall. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Pastors and church leaders, Check your weekly church emails for the ZOOM link.

FRIDAY

CATALYST YOUTH - Please note that CATALYST is now on hold for the summer. Stay tuned for more details on our Summer Social events.

SATURDAY

No events scheduled!

NEXT SUNDAY

For Sunday, July 23, 2023:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer! Check your weekly church emails for the ZOOM link or join us in person in the Prayer Room.

10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE: Join us at 10:00 am for our Sunday service!

The nursery will be staffed and KIDZONE will be happening.

Join us after the service as Arbour Season will be performing! Bring a lunch, enjoy some tunes and connect with your church family.

Freezie Sunday! - Every Sunday in July and August hang around after the service and every kid (up to grade 6) will get a freezie!

COMING EVENTS

1. An Invitation From the FMCIC National Prayer Team The FMCIC senses the Lord is stirring up a spirit of prayer in us and we do not want to neglect this gift. So, you are invited to join us for 12-noon to 12:30 pm, Eastern Time, 6-days-a-week (Monday to Saturday), prayer meetings, until the end of July. These prayer meetings are open to anyone who would like to join in prayer for the FMCIC and Canada.

Join Zoom Meeting: <https://us02web.zoom.us/j/83398497735>
Meeting ID: 833 9849 7735
Passcode: 271664

2. CATALYST Youth Summer Socials CATALYST will be meeting on July 14, August 4 and August 25 for our annual Summer Socials! July 14 we'll be meeting for a BBQ and games! For all of the details and to RSVP by email ben@arlingtonwoods.ca.

3. Arbour Season Join us on Sunday, July 23rd as we host special guest worship leaders, indie/folk band, Arbour Season. Bring a lunch as they'll have a concert following the service.

4. CONNECT: Picnic Join us after the service with a picnic lunch on July 9th or August 20th to connect with your church family! On July 9th we're heading to CentrepoinTE park and splashpad! On August 20th, we'll be meeting up at the Hogs Back Falls and Canada's Largest Playground. [Click HERE](#) for all of the details.

5. Summer Drop-In Bible Study Join us in the café on Wednesday evenings from 7:00-8:30 p.m. for the month of July and August. This is a drop in Bible study so feel free to join us whatever weeks you can as the topics will vary week by week.

6. Freezie Sunday! Every Sunday in July and August hang around after the service and every kid (up to grade 6) will get a freezie!

7. Staffed Nursery The nursery will be staffed on the following Sundays: July 16, July 23, Aug. 13, Aug. 20, and Aug. 27. For more details visit www.arlingtonwoods.ca/kids.

8. Deeper Roots for Teens (grade 7+) Deeper Roots is pausing for the summer and will resume Sunday September 24, with the following meeting being on October 15. Email christinev@arlingtonwoods.ca for details.

CHURCH NEWS & INFORMATION

1. AWC Men's Ministry - If you would like to be added to the Men's Ministry email list, please email mensministry@arlingtonwoods.ca.

2. Small Groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

3. Widows Support Group The Widows Support Group provides a place to meet others who have lost their spouse and others who understand your loss, provides support to others who are feeling isolated and alone, and provides an opportunity to meet new friends. For more information, contact Jean Gordon by [email](#) or by phone (819-360-3398). The meetings take place on the last Tuesday each month.

4. Membership If you are interested in becoming a member at Arlington Woods Church, please email Pastor Mike at mike@arlingtonwoods.ca

5. Tithes and Offerings Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at giving@arlingtonwoods.ca.

6. Hymnals Feel free to take home a hymnal or two from the Welcome Desk.

7. Daily Bread Devotional Guides Copies of the Daily Bread devotional guides for June-July-August are available at the Welcome Desk. If you can't be at church in person but would like a copy of Daily Bread, please email info@arlingtonwoods.ca with your mailing address.

COMMUNITY NEWS & EVENTS

1. Mind Your Wellbeing - Our friends at the Ghanaian Methodist Church (who meet in our church building on Sunday afternoons) are hosting a special mental health workshop specifically for the black faith community on Sunday, July 16th at 12:00 p.m. in our Creekside Room. It's happening after our service, so you could always pack a lunch and bring it with you that day. Click [HERE](#) for more information and to register.

2. Done with Online Dating - There is a Christian Speed Dating event happening in Ottawa on Wednesday July 26th for young adults ages 25-35. For info or to register online visit donewithonlinedating.ca. Pastor Mike knows Kathrina, who runs the event, and says she's reputable.

3. Respond Ottawa - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has grown significantly. Click [HERE](#) for a list of food banks in the Ottawa area to contact.

4. FAMSAC Donations - Please bring your food bank donations to the FAMSAC bin in our church lobby. Regular donations are vital to their sustainability.

Most needed items: Peanut Butter, juice boxes, fruit cups, granola bars, canned fruit, pasta sauce, cereal, small plastic containers (that cherry tomatoes, blueberries, strawberries and raspberries might come in approximately 1 pint. Please wash the containers before dropping off) and bags of rice. Please drop the baskets off at Arlington Woods Church and place them in the FAMSAC donation bin in the cloak room. You can also drop donations off to the FAMSAC storefront, 3865 Old Richmond Road, Bells Corners.