



FOR THE WEEK OF JUNE 25 - JULY 2, 2023

If you haven't liked us on [Facebook](#) and [Instagram](#) be sure to do so! We have a lot going on in our church family and we're continually updating these pages with info and images about our church family.

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#).

Contact the Church Office at info@arlingtonwoods.ca if you would like to receive our **Weekly Email Blast** to stay informed on the life of our church.

To **donate** to Arlington Woods Church, go to <https://arlingtonwoods.ca/donate.php>.

Are you new? by filling out our **online welcome card** we are able to connect you to our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **Kidzone weekly videos** at <https://arlingtonwoods.ca/kids.php>. These include worship, drama and animation for kids of all ages.

Small groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

FRIDAY

6:30 - 9:00PM Friday, June 23 - CATALYST YOUTH FROLF Night + Grad Party, (grades 6-12) What's FROLF? It's frisbee golf or disc golf! Join us June 23, 2023 from 6:30-9:30 p.m. for a night of fun! We will be leaving Arlington

Woods Church at 6:40pm to head to the Kanata Disc Golf course. After we're done, we'll head back to the church for food, treats, and games as we celebrate all of our grade 6, 8, and 12 grads!

SATURDAY

No events scheduled.

THIS SUNDAY

For Sunday, June 25, 2023:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café is open before and after services. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN PERSON & ON ZOOM:

Looking Forward: This Sunday Pastor Mike will be talking about the hope Arlington Woods Church has and our ministry plan for the future. Come and hear how God has led the leaders of our church to move forward.

The nursery will be staffed and KIDZONE will be happening.

To connect to our livestream service, [click here](#).

11:30 a.m. - SUMMER KICKOFF BBQ: We're kicking off the summer with a BBQ! Join us after our Sunday service on June 25 for free hotdogs, burgers,

chips and ice cream. E-mail info@arlingtonwoods.ca to request a gluten free or vegetarian option.

[Click here](#) to check out our FAQ on in-person services.

KIDZONE JK-6 kids program on Sunday mornings. [Click](#) for more information.

Follow the Sunday Message with YouVersion [Click to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the service here](#).

MONDAY

9:00-11:30 a.m. - WHITE PINE CAFÉ: The café will be open Mondays at 9 a.m, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

POP (Parents of Preschoolers) - Please note that POP is now on hold until the Fall.

7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Canada and our leaders. Check your weekly church emails for the ZOOM link.

TUESDAY

7:00-8:30PM - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Church and Community needs. Check your weekly church emails for the ZOOM link.

WEDNESDAY

7:00-9:00 p.m. - AN EVENING OF TESTIMONY WITH BEREKET & MAEZA TASSEW: Bereket Tassew leads Tearfund's work in Ethiopia. He has helped train over 42,000 small-holder farmers on conservation agriculture, and over

40,000 women in saving groups in Ethiopia. His wife Maeza also has a powerful testimony of God working in her life. Join us at 7:00 p.m. at the White Pine Cafe on June 28th to chat about how the church is helping people lift themselves out of poverty in Ethiopia. Please e-mail info@arlingtonwoods.ca to RSVP for this free event, coffee, tea and treats will be provided at no charge.

THURSDAY

9:00-11:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café will be open Thursdays at 9 am, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM, special focus on Pastors and church leaders, Check your weekly church emails for the ZOOM link.

FRIDAY

CATALYST YOUTH, Please note that CATALYST is now on hold for the summer. Stay tuned for more details on our Summer Social events.

SATURDAY

Today Marks The Start of our Family Fishing Derby - We're having our annual Family Fishing Derby from July 1-9. Click [HERE](#) for all of the details!

NEXT SUNDAY

For Sunday, July 2, 2023:

9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN: Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email cafe@arlingtonwoods.ca.

9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM: All are welcome every Sunday morning for pre-service prayer! Check your weekly church emails for the ZOOM link or join us in person in the Prayer Room.

10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE: Join us at 10:00 am for our Sunday service!

The nursery will **NOT** be staffed and KIDZONE will be happening.

Freezie Sunday! Every Sunday in July and August hang around after the service and every kid (up to grade 6) will get a freezie!

COMING EVENTS

1. An Invitation From the FMCIC National Prayer Team The FMCIC senses the Lord is stirring up a spirit of prayer in us and we do not want to neglect this gift. So, you are invited to join us for 12-noon to 12:30 pm, Eastern Time, 6-days-a-week (Monday to Saturday), prayer meetings, until the end of June. These prayer meetings are open to anyone who would like to join in prayer for the FMCIC and Canada.

Join Zoom Meeting: <https://us02web.zoom.us/j/83398497735>
Meeting ID: 833 9849 7735
Passcode: 271664

2. FROLF Night + Grad Party What's FROLF? It's frisbee golf or disc golf! Join us June 23, 2023 from 6:30-9:30 p.m. for a night of fun! We will be leaving Arlington Woods Church at 6:40pm to head to the Kanata Disc Golf course. After we're done, we'll head back to the church for food, treats, and games as we celebrate all of our grade 6, 8, and 12 grads! Click [HERE](#) to access the online permission form that must be filled out by a parent/guardian before Friday, June 16th..

3. Summer Kickoff BBQ We're kicking off the summer with a BBQ! Join us after our Sunday service on June 25 for free hotdogs, burgers, chips and ice

cream. E-mail info@arlingtonwoods.ca to request a gluten free or vegetarian option.

4. An Evening of Testimony with Bereket & Maeza Tassew Bereket Tassew leads Tearfund's work in Ethiopia. He has helped train over 42,000 small-holder farmers on conservation agriculture, and over 40,000 women in saving groups in Ethiopia. His wife Maeza also has a powerful testimony of God working in her life. Join us at 7:00 p.m. at the White Pine Cafe on June 28th to chat about how the church is helping people lift themselves out of poverty in Ethiopia. Please e-mail info@arlingtonwoods.ca to RSVP for this free event.

5. Family Fishing Derby We're having our annual Family Fishing Derby from July 1-9. Click [HERE](#) for all of the details!

6. Freezie Sunday! Every Sunday in July and August hang around after the service and every kid (up to grade 6) will get a freezie!

7. Why We Create Join "Renew Arts + Theology" on Saturday, July 8th for discussion, worship, workshops, and an evening gallery reception. **Click [HERE](#)** for event details and to see the workshop options and our featured Ontario-based artist!

8. CONNECT: Picnic Join us after the service with a picnic lunch on July 9th or August 20th to connect with your church family! On July 9th, it features an outdoor concert with Arbour Season! On August 20th, we'll be meeting up at the Hogs Back Falls and Canada's Largest Playground. **Click [HERE](#)** for all of the details.

9. CATALYST Youth Summer Socials CATALYST will be breaking for the summer after our FROLF Night + Grad Party. However, we'll still be meeting on July 14, August 4 and August 25. Stay tuned for more details...

10. Staffed Nursery The nursery will be staffed on the following Sundays: June 25, July 9, July 16, July 23, Aug. 13, Aug. 20, and Aug. 27. For more details visit www.arlingtonwoods.ca/kids.

11. Deeper Roots for Teens (grade 7+) Deeper Roots is pausing for the summer and will resume Sunday September 24, with the following meeting being on October 15. Email christinev@arlingtonwoods.ca for details.

CHURCH NEWS & INFORMATION

1. AWC Men's Ministry - If you would like to be added to the Men's Ministry email list, please email mensministry@arlingtonwoods.ca.

2. Small Groups are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

3. Widows Support Group The Widows Support Group provides a place to meet others who have lost their spouse and others who understand your loss, provides support to others who are feeling isolated and alone, and provides an opportunity to meet new friends. For more information, contact Jean Gordon by [email](#) or by phone (819-360-3398). The meetings take place on the last Tuesday each month.

4. Membership If you are interested in becoming a member at Arlington Woods Church, please email Pastor Mike at mike@arlingtonwoods.ca

5. Tithes and Offerings Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at giving@arlingtonwoods.ca.

6. Hymnals Feel free to take home a hymnal or two from the Welcome Desk.

7. Daily Bread Devotional Guides Copies of the Daily Bread devotional guides for June-July-August are available at the Welcome Desk. If you can't be at church in person but would like a copy of Daily Bread, please email info@arlingtonwoods.ca with your mailing address.

COMMUNITY NEWS & EVENTS

1. Respond Ottawa - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has grown significantly. Click [HERE](#) for a list of food banks in the Ottawa area to contact.

2. FAMSAC Donations - Please bring your food bank donations to the FAMSAC bin in our church lobby. Regular donations are vital to their sustainability.

Most needed items: Peanut Butter, juice boxes, fruit cups, granola bars, canned fruit, pasta sauce, cereal, small plastic containers (that cherry tomatoes, blueberries, strawberries and raspberries might come in approximately 1 pint. Please wash the containers before dropping off) and bags of rice. Please drop the baskets off at Arlington Woods Church and place them in the FAMSAC donation bin in the cloak room. You can also drop donations off to the FAMSAC storefront, 3865 Old Richmond Road, Bells Corners.