



## FOR THE WEEK OF MAY 14 - MAY 21, 2023

If you haven't liked us on [Facebook](#) and [Instagram](#) be sure to do so! We have a lot going on in our church family and we're continually updating these pages with info and images about our church life.

We invite you to join us in-person on Sunday mornings. We also stream our services on our [Youtube channel](#).

Contact the Church Office at [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you would like to receive our **Weekly Email Blast** to stay informed on the life of our church.

To **donate** to Arlington Woods Church, go to <https://arlingtonwoods.ca/donate.php>.

Are you new? by filling out our **online welcome card** we are able to connect you to our church community! <https://arlingtonwoods.ca/welcome.php>.

Watch **Kidzone weekly videos** at <https://arlingtonwoods.ca/kids.php>. These include worship, drama and animation for kids of all ages.

**Small groups** are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.

## FRIDAY

**6:30 - 9:00PM Friday, May 12- CATALYST YOUTH**, (grades 6-12) is meeting in the Creekside Room for a low-key Games Night. Come and hang and play foosball, ping pong, air hockey and some board games (including

some new ones)! We'll also have snacks available. Email [ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca) for more information.

## SATURDAY

**11:00AM - 3:00PM Saturday, May 13- BIKE RODEO**, Today is our 11th annual community Bike Rodeo, visit <https://arlingtonwoods.ca/bikerodeo.php> for more information.

## THIS SUNDAY

### For Sunday, May 14, 2023:

**9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN:** Our Café is open before and after services. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM:** All are welcome every Sunday morning for pre-service prayer in Prayer Room or by zoom link through email.

**10 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN PERSON & ON ZOOM:**

### DEFINING OUR FAITH: THE SPIRIT OF THE LORD

We will be celebrating Moms this Sunday! The message this week, however, will be a discussion about “renewal” both personal and church-wide (relevant to moms but also, to all of us!).

The nursery will be staffed when kids go down to KIDZONE and the teens (grade 7+) go to Deeper Roots in the Creekside Room.

To connect to our livestream service, [click here](#).

[Click here](#) to check out our FAQ on in-person services.

KIDZONE JK-6 kids program on Sunday mornings. [Click](#) for more information.

Follow the Sunday Message with YouVersion [Click to view the notes for this Sunday!](#)

If you missed the message from last Sunday, [view the service here](#).

## MONDAY

**9:00-11:30 a.m. - WHITE PINE CAFÉ:** The café will be open Mondays at 9 a.m, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:00-11:00 a.m. - POP (Parents of Preschoolers) -** Come with your preschoolers to connect with others in our church family and community. Visit <https://arlingtonwoods.ca/pop> for details and to register.

**7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM,** special focus on Canada and our leaders. Check your weekly church emails for the ZOOM link.

## TUESDAY

**7:00-8:30PM - VIRTUAL PRAYER MEETING ON ZOOM,** special focus on Church and Community needs. Check your weekly church emails for the ZOOM link.

## WEDNESDAY

No events scheduled.

## THURSDAY

**9:00-11:30 a.m. - WHITE PINE CAFÉ OPEN:** Our Café will be open Thursdays at 9 am, serving fair trade, organic Equator coffee and teas as well as homemade baking! Invite a friend or relax alone. Visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**1:00-3:00 p.m. - JOY: High Tea and Tunes,** Our seniors group will be having a High Tea with a special musical performance from Doug Brierley and his accompanist. Join us for this FREE social event on May 18th.

**7:00-8:00 p.m. - VIRTUAL PRAYER MEETING ON ZOOM,** special focus on Pastors and church leaders, Check your weekly church emails for the ZOOM link.

## FRIDAY

**Friday, May 19- CATALYST YOUTH,** (grades 6-12). Please note that CATALYST youth will not be meeting tonight due to the long weekend.

## SATURDAY

No events scheduled.

## NEXT SUNDAY

### For Sunday, May 21, 2023:

**9:00-9:30 a.m. - WHITE PINE CAFÉ OPEN:** Our Café will be open before and after the service. For details visit <https://arlingtonwoods.ca/cafe>. Interested in volunteering at or baking for our café? Email [cafe@arlingtonwoods.ca](mailto:cafe@arlingtonwoods.ca).

**9:30-9:50 a.m. - PRE-SERVICE PRAYER IN PERSON & ON ZOOM:** All are welcome every Sunday morning for pre-service prayer! Check your weekly church emails for the ZOOM link or join us in person in the Prayer Room.

**10:00 a.m. - ARLINGTON WOODS CHURCH SERVICE - IN-PERSON & ONLINE:** Join us this Sunday at 10 a.m. for our Service!

The nursery will **NOT** be staffed and KIDZONE will be happening.

## COMING EVENTS

**1. An Invitation From the FMCIC National Prayer Team** The FMCIC senses the Lord is stirring up a spirit of prayer in us and we do not want to neglect this gift. So, you are invited to join us for 12-noon to 12:30 pm, Eastern Time, 6-days-a-week (Monday to Saturday), prayer meetings, until the end of April. These prayer meetings are open to anyone who would like to join in prayer for the FMCIC and Canada.

Join Zoom Meeting: <https://us02web.zoom.us/j/83398497735>  
Meeting ID: 833 9849 7735  
Passcode: 271664

**2. Bike Rodeo** Mark your calendar for our 11th annual community Bike Rodeo taking place on Saturday, May 13 from 11 am to 3 pm. For more information, visit <https://arlingtonwoods.ca/bikerodeo.php>. Click [HERE](#) if you would like to join the Bike Rodeo volunteer team, we're looking for volunteers specifically for the bike course and tune up stations.

**3. JOY: High Tea and Tunes** Our seniors group will be having a High Tea with a special musical performance from Doug Brierley and his accompanist. Join us for this FREE social event on May 18th from 1:00-3:00PM.

**4. CONNECT: Young Adults Lunch** Join us on May 28th from 12:00-2:30pm. Contact Pastor Ben ([ben@arlingtonwoods.ca](mailto:ben@arlingtonwoods.ca)) for more info or to RSVP.

**5. Summer Student Jobs** We've been approved to hire two summer students in the areas of family ministries and creative arts and worship. Click [HERE](#) for more information. **The deadline to apply is Tuesday May 23.**

**6. The Patrick J. Kesselring Scholarship** are you graduating grade 12 and heading off to post secondary education? If so, you possibly have the opportunity to apply for this scholarship! For more information click [HERE](#). Applications are due to the office by May 29th, e-mail [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) for more information.

**7. Ushindi Africa Children's Choir** We're looking forward to hosting the Ushindi Africa Children's Choir on June 3 at 6:00PM. This is sure to be a memorable concert for all ages! Click [HERE](#) to purchase tickets and get more

information on the event. Tickets must be purchased online as they will **NOT** be sold the day of the concert online or in-person at the door. **The online receipt you receive via email is your ticket to get into the concert.** Please note that **ALL PROCEEDS** from ticket sales go to the Ushindi Africa Children's Choir. The choir will also be joining us on Sunday morning (June 4) as well for a portion of the service June 4 will be a family service with the kids staying in the service with their families. There will be no KIDZONE and no staffed Nursery.

**8. Spring Hikes** Join us for some casual hiking at the Bruce Pit Sunday June 4 after church at 11:50AM. Click [HERE](#) to find out where we're meeting.

**9. Springarama 2023** Springarama is taking place June 2-3 this year. Join with women from various Free Methodist Churches at Wesley Acres as they speak about the heart of worship. Visit the welcome desk to pick up a brochure with more information.

**10. Regional Gathering 2023** Arlington Woods is hosting a FMCIC Regional Gathering on June 14th from 5:45-9:30PM, click [HERE](#) for more details. Please e-mail [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) if you'd like to attend or if you would like more details. Please ensure you sign up through the church office by May 28th.

**11. Staffed Nursery** The nursery will be staffed on the following Sundays: May 14, May 28, June 4, June 11, June 18, July 9, July 16, July 23, Aug. 13, Aug. 20, and Aug. 27. For more details visit: [www.arlingtonwoods.ca/kids](http://www.arlingtonwoods.ca/kids).

**12. Deeper Roots for Teens (grade 7+)** This monthly Sunday small group for teens will meet in the Creekside Room on these Sundays: May 14, and June 18. Email [christinev@arlingtonwoods.ca](mailto:christinev@arlingtonwoods.ca) for details.

## CHURCH NEWS & INFORMATION

**1. AWC Men's Ministry** - If you would like to be added to the Men's Ministry email list, please email [mensministry@arlingtonwoods.ca](mailto:mensministry@arlingtonwoods.ca).

**2. Small Groups** are an important part of our church community life. Click [HERE](#) to find a list of our current small groups.



**3. Widows Support Group** The Widows Support Group provides a place to meet others who have lost their spouse and others who understand your loss, provides support to others who are feeling isolated and alone, and provides an opportunity to meet new friends. For more information, contact Jean Gordon by [email](#) or by phone (819-360-3398). The meetings take place on the last Tuesday each month.

**4. White Pine Café New Part-Time Position** There is a **new Café Manager part-time position!** Click [HERE](#) for details.

**5. Membership** If you are interested in becoming a member at Arlington Woods Church, please email Pastor Mike at [mike@arlingtonwoods.ca](mailto:mike@arlingtonwoods.ca)

**6. Tithes and Offerings** Visit the church website <https://arlingtonwoods.ca/donate> for Online, Credit Card or Pre-Authorized Auto Debit options **or** visit the Welcome Centre in person for a Pre-Authorized Auto Debit brochure and form. Thank you for your continued financial support. If you have any questions, please contact the Head Teller at [giving@arlingtonwoods.ca](mailto:giving@arlingtonwoods.ca).

**7. Hymnals** Feel free to take home a hymnal or two from the Welcome Desk.

**8. Daily Bread Devotional Guides** Copies of the Daily Bread devotional guides for March-April-May are available at the Welcome Desk. If you can't be at church in person but would like a copy of Daily Bread, please email [info@arlingtonwoods.ca](mailto:info@arlingtonwoods.ca) with your mailing address.

## COMMUNITY NEWS & EVENTS

**1. Brooke Nicholls** - Brooke Nicholls is coming to Kemptville Sunday, May 14 at 7:00PM to celebrate the release of her newest book 'Faithful Then, Faithful Now' with an acoustic night of song and stories. Brooke and her husband will lead worship and some of her own original songs, as well as share testimonies of God's faithfulness from their lives and stories from the book. You won't want to miss this event on **Mother's Day!** Click [HERE](#) for more information.

**2. Camp IAWAH Open House** - If you have a kid or teen heading to Camp IAWAH this summer you won't want to miss this! Meet at Camp IAWAH

Saturday, May 20 10:30am-3:30pm for a tour of the camp and BBQ lunch at 12:30PM . Be sure to RSVP at [iawah.com](http://iawah.com)

**3. Respond Ottawa** - Many local agencies (foodbanks, community houses, inner-city missions) are running low on essential items and the number of requests has grown significantly. Click [HERE](#) for a list of food banks in the Ottawa area to contact.

**4. FAMSAC Donations** - Please bring your food bank donations to the FAMSAC bin in our church lobby. Regular donations are vital to their sustainability.

**Most needed items:** Peanut Butter, juice boxes, fruit cups, granola bars, canned fruit, pasta sauce and cereal.